



Is someone close becoming a stranger?

It can be hard to know what to do if you're worried someone close is expressing extreme views or hatred, which could lead to them harming themselves or others. Working with other organisations, the police protect vulnerable people from being exploited by extremists through a Home Office programme called Prevent.

Act early and tell us your concerns in confidence. You won't be wasting our time and you won't ruin lives, but you might save them.

Spotting the signs

More important than any one sign is the feeling that something is not right. Friends and family are often the first to spot worrying changes taking place. These can be big or small changes that take place very quickly or over a longer period. Trust your instincts and if you're concerned seek advice.

Share a concern

Call the national police Prevent advice line

0800 011 3764, in confidence, to share your concerns with our specially trained officers. The advice line is open 9:00am – 5:00pm every day.